


Howard-Suamico School District K-8 Lunch Menu September 2017

Monday	Tuesday	Wednesday	Thursday	Friday
<p>4</p> <p>Labor Day—No School</p>	<p>5</p> <p>Cheese Pizza Broccoli Raw Veggies/Dip Mixed Fruit Peaches</p> <p>National Cheese Pizza Day!</p>	<p>6</p> <p>Chicken Nuggets Ranch or BBQ Sauce Dinner Roll Peas & Carrots Salad Bar Pears Grapes</p>	<p>7</p> <p>Soft Shell Tacos with Meat Cheese, Lettuce, Tomato, Salsa, Sour Cream, Olives Rice Corn Pineapple Banana</p>	<p>8</p> <p>Mini Corn Dogs Baby Carrots/Dip Green Beans Applesauce Mandarin Oranges Birthday Cupcake</p> <p>Happy Birthday September Babies!</p>
<p>11</p> <p>Portesi Cheese Fries with Marinara Sauce Broccoli & Cauliflower Cucumbers/Dip Pears Pineapple</p>	<p>12</p> <p>Diced Chicken in Gravy Mashed Potatoes Dinner Roll Raw Veggies/Dip Grapes Mixed Fruit</p> <p>Pizza Schmizza at Bay Harbor & Suamico</p>	<p>13</p> <p>Cheesy Hot Dog on a Bun Macaroni & Cheese Baby Carrots/Dip Salad Bar Peaches Apple Slices Snickerdoodle Cookie</p>  <p>WISCONSIN WEDNESDAY</p>	<p>14</p> <p>Spaghetti with Meat Sauce Garlic Bread Cucumbers/Dip Green Beans Mandarin Oranges Banana</p> <p>Pizza Schmizza at Howard & Meadowbrook</p>	<p>15</p> <p>Brunch for Lunch Ham French Toast Sticks Mini Tri Taters Raw Veggies/Dip Applesauce Strawberries & Blueberries</p>
<p>18</p> <p>Hamburger on a Bun Cheese Slice Lettuce, Tomato, Pickles Raw Veggies/Dip Green Beans Pears Mandarin Oranges</p>	<p>19</p> <p>BAY PORT BOWLS Chicken Smackers Mashed Potatoes Dinner Roll Corn Grapes Applesauce</p>	<p>20</p> <p>Cheese Omelet Cinnamon Roll Sweet Potato Cross Trax Cucumbers/Dip Applesauce Pineapple</p>	<p>21</p> <p>Nachos with Meat Cheese Sauce Lettuce, Tomato, Olives, Salsa, Sour Cream Refried Beans Baby Carrots/Dip Pears Watermelon</p>	<p>22</p> <p>Stuffed Crust Pepperoni Pizza Salad Bar Peas & Carrots Mixed Fruit Apple Slices</p>
<p>25</p> <p>Cheesy French Bread Marinara Sauce Raw Veggies/Dip Broccoli & Cauliflower Pineapple Mixed Fruit</p>	<p>26</p> <p>Chicken Patty on a Bun Lettuce & Tomato Baked Beans Cucumbers/Dip Grapes Mandarin Oranges</p> <p>Pizza Schmizza at Forest Glen</p>	<p>27</p> <p>MUNCH A LUNCH Yogurt & String Cheese Soft Pretzel with Cheese Sauce Jicama Sticks Cantaloupe Applesauce Tropical Twist Juice Box</p>	<p>28</p> <p>Football Chicken Nuggets Ranch or BBQ Sauce Dinner Roll Green & Gold Beans Baby Carrots/Dip Banana Apple Slices</p> <p>GO PACK GO!</p>	<p>29</p> <p>Lotsa Motsa Sticks Tomato Soup Crackers Salad Bar Peaches Pears</p>
		<p>Alternate entree offered daily. Fat-free chocolate, skim, or 1% milk included with meal. Lunch price is \$2.25 for grades K-4, \$2.50 for 5-8; and \$.40 reduced price. Menu is subject to change. This institution is an equal opportunity provider and employer.</p>		
				

HSSD Elementary Breakfast Menu - September 2017

Monday	Tuesday	Wednesday	Thursday	Friday
<p>4</p> <p>Labor Day—No School</p>	<p>5</p> <p>Cereal Bowl (Lucky Charms or Cinnamon Toast Crunch) Fruit Choice Juice Cup</p>	<p>6</p> <p>Pumpkin Chocolate Chip Muffin Square String Cheese Fruit Choice Juice Cup</p>	<p>7</p> <p>Breakfast Taco Salsa or Ranch Dressing Fruit Choice Juice Cup</p>	<p>8</p> <p>Mini Pancakes (Maple or Strawberry) Fruit Choice Juice Cup</p>
<p>11</p> <p>Double Chocolate Muffin String Cheese Fruit Choice Juice Cup</p>	<p>12</p> <p>Bacon Scramble Pizza Fruit Choice Juice Cup</p>	<p>13</p> <p>Homemade Strawberry/ Blueberry Smoothie Vanilla Bear Grahams Fruit Choice Juice Cup</p>	<p>14</p> <p>Mini Cinnamon Rolls Fruit Choice Juice Cup</p>	<p>15</p> <p>Cereal Pouch (Krave or Apple Jacks) Cinnamon Graham Squares Fruit Choice Juice Cup</p>
<p>18</p> <p>Breakfast Bread Slice (Zucchini, Cocoa, or Bana- na) Fruit Choice Juice Cup</p>	<p>19</p> <p>Mini Chocolate Chip French Toast Fruit Choice Juice Cup</p>	<p>20</p> <p>Cereal Bar (Trix or Fruity Cheerios) Hard-Boiled Egg Fruit Choice Juice Cup</p>	<p>21</p> <p>Pancake Wrapped Sausage Fruit Choice Juice Cup</p>	<p>22</p> <p>Mini Chocolate Donuts Fruit Choice Juice Cup</p>
<p>25</p> <p>Pop-Tart (Fudge or Strawberry) Cinnamon Graham Square Fruit Choice Juice Cup</p>	<p>26</p> <p>Egg Sandwich Fruit Choice Juice Cup</p>	<p>27</p> <p>Pumpkin Chocolate Chip Muffin Square String Cheese Fruit Choice Juice Cup</p>	<p>28</p> <p>Mini Cinnamon Donuts Vanilla Graham Bears Fruit Choice Juice Cup</p>	<p>29</p> <p>Mini Cream Cheese Bagels (Strawberry or Cinnamon) Fruit Choice Juice Cup</p>
<div> <p>Includes choice of 1%, fat free chocolate, or skim milk. Fruit choices include, but are not limited to, apple slices, grapes, oranges, applesauce, banana, or orange wedges. Meal price is \$1.30 for grades K-4, \$1.40 for grades 5-8; meal is free to those approved for free or reduced price meals. Menu is subject to change. This institution is an equal opportunity provider and employer.</p> </div>				
				